

Year 2: Animals including Humans Knowledge Mat

Subject Specific Vocabulary		Working Scientifically	Sticky Knowledge about animals & healthy living
healthy	Keeping healthy means doing things that are good for your body – things like eating nutritious foods, exercising, brushing your teeth and getting enough sleep	<ul style="list-style-type: none"> <input type="checkbox"/> Asking simple questions and recognising that they can be answered in different ways. <input type="checkbox"/> Observing closely, using simple equipment. <input type="checkbox"/> Performing simple tests. <input type="checkbox"/> Identifying and classifying. <input type="checkbox"/> Using their observations and ideas to suggest answers to questions. <input type="checkbox"/> Gathering and recording data to help in answering questions. 	<p>Sticky Knowledge about animals & healthy living</p> <ul style="list-style-type: none"> <input type="checkbox"/> Keeping healthy means caring for your body so you have enough energy to learn, play and grow. <input type="checkbox"/> All foods contain nutrients which your body needs to stay active throughout the day. Some foods have more nutrients than others. <input type="checkbox"/> Know about the basic needs of animals, including humans, for survival. <input type="checkbox"/> Describe the importance of exercise, balanced diet and hygiene for humans. <input type="checkbox"/> Describe the main changes as young animals, including humans, grow into adults. <input type="checkbox"/> It's important to have 30-60 minutes of exercise every day. This can include running around and playing games with friends.
diet	Eating a balanced diet means choosing foods in the right amounts from each of the food groups.		
off-spring	You can refer to a person's children or an animal's young as their off-spring.		
exercise	Means to keep your body healthy by running, walking and playing. You will need to feel out of breath if you have exercised properly.		
reproduction	The passing on of genetic material to a new generation of off spring.		
growth	The increase of size of a living thing.		
Life cycle	The order of an animal or plants life at varies points in their development.		
nutrition	Nutrition is the process by which the body nourishes itself by transforming food into energy and body tissues.		
survival	Survive usually means to succeed in keeping alive.		
hygiene	Taking care of our body by being clean and making sure we don't smell.		

Ladybird Life Cycle

