



Year 2 Religious Education: Prayer at Home

How does praying at regular intervals help Muslims?



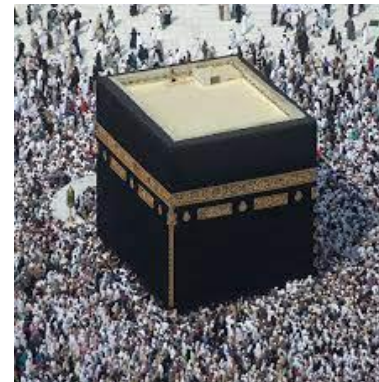
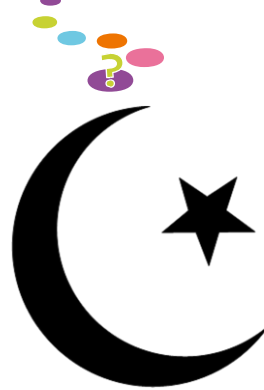
Key Vocabulary

Islam	The word 'Islam' in Arabic means submission to the will of God. Followers of Islam are called Muslims. Muslims believe there is one true God Allah.
Allah	The name for God in the Arabic language.
Salat	Praying five times a day.
Mecca	City where the Prophet Muhammad was born and where the Ka'bah is located.
Ka'bah	A large cubical building inside the Sacred Mosque. Muslims believe it was built by Abraham.
Qur'an	The Holy book of Islam revealed to the Prophet Muhammad.
Mosque	Islamic place of worship.

Key Skills

- Explain how it felt to have to stop doing something to reach a set target.
- Use the right words to describe how Muslims pray and begin to explain why they do this.
- Start to think through how praying 5 times a day might help in some ways more than others.

Discovery RE®



Sticky Knowledge

- Muslims can pray anywhere – it does not have to be a mosque.
- No matter where they are in the world, they must always face towards the city of Mecca in Saudi Arabia.
- When Muslims kneel down in prayer, only the palms, knees, forehead and nose touch the ground.
- Muslims pray in Arabic.
- Many Muslim men will wear a small cap called a taqiyya when they pray.
- The Muslim prayer ritual is performed five times a day.