



# Thames View Primary School Newsletter



*Responsibility*

*Resilience*

*Respect*

## Special events coming soon

### JANUARY

16<sup>th</sup> – Young Voices Choir to 02

26<sup>th</sup> – PTA Discos

30<sup>th</sup> - Year 3 Trip to see 'Wonka'

### FEBRUARY

5<sup>th</sup> - Number Day

6<sup>th</sup> - Internet Safety Day

7<sup>th</sup> - Chinese New Year Dragon Dancing  
(Years 1,2,3)

8<sup>th</sup> - Enterprise Day

**12<sup>th</sup> -16<sup>th</sup> - Half Term**

20<sup>th</sup> - Hook Day

26<sup>th</sup> - Opal Trip to Temper Temper  
Chocolate Factory

27<sup>th</sup> - Topaz Trip to Temper Temper  
Chocolate Factory

### MARCH

4<sup>th</sup> – 7<sup>th</sup> PTA Mothers Day gift shop

7<sup>th</sup> - World Book Day

8<sup>th</sup> – PTA Mothers day Tea

11<sup>th</sup> -15<sup>th</sup> - Science Week (Professor  
Sulphur Nitrate visiting)

13<sup>th</sup> - Year 6 Trip to Matilda, Cambridge  
Theatre, London

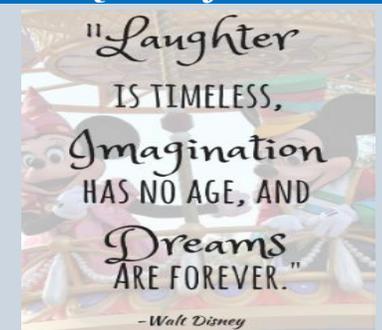
25<sup>th</sup> – Open Classroom

26<sup>th</sup> - Year 5 Trip to Horton Kirby (Rivers)

28<sup>th</sup> - Easter Fun Day

**28<sup>th</sup> - Early closure 1.15pm for all children**

## Quote of the week



## Mrs Rogers Message

A big welcome to our first Newsletter of 2024! Time flies, when you are having fun! Our first full week back has started as we mean to go on, with lots of learning and enjoyable activities for all of our year groups. We had our first Hook Day of the year on Monday, which celebrates the new topics for each year group, with fancy dress and activities linked to that particular topic area. I also judged the display boards for each year group and the year 1 Space Hook Day board won this time around.

Our virtual reality workshops, as part of our computing curriculum scheduled for Monday has now been re-scheduled to the 16<sup>th</sup> January. This will allow our year 1's to journey through space and year 4 to swim in the oceans, learning about wildlife and how to conserve our animals, linking nicely to our ECO initiative. Year 1 have been to the Greenwich Planetarium for a closer look at our Solar System and watching a live planetarium show on Wednesday, this is such an excellent trip!

Year 3 have been starting their new topic of 'Chocolate' and they will be going on a House Trip related to this to see Wonka at the Odeon Theatre, Chatham on the 30<sup>th</sup> January and then they will be going to the Chocolate Factory, Temper Temper to see chocolate being made and to make (and taste) their own chocolate, so year 3 parents, please keep an eye out for these letters.

As the weather is getting chillier, can we please ask that parents send their child in to school with coats and, if possible, hats and gloves, as we will use our playgrounds and outdoor areas whenever we can, but we need to ensure the children have the correct clothing in school, so they can play comfortably outdoors. Also, can I remind parents that on PE days, children should be in correct uniform PE kit, not non-uniform tracksuits please. This is important to continue with our high expectations and ensure our children are coming to school ready to learn!

I hope you all have a lovely weekend and stay safe, Mrs Rogers.

# Hook Day – 8<sup>th</sup> January 2024



**Year R**



**Year 1**



**Year 2**

had so much fun creating, making and painting our Flanimals. Where do you think Flanimals come from?





### Year 3

We were learning more about volcanoes and created our own volcano, to then watch it erupt. Due to the snow we couldn't all get to see all volcanoes erupt so have taken home to complete eruptions. We also used playdoh to create the layers of the Earth as we learnt about each layer.



### Year 4



### Year 5

We were creating timelines and family trees of the Tudor monarchs and taking part in a Tudor PE tournament.

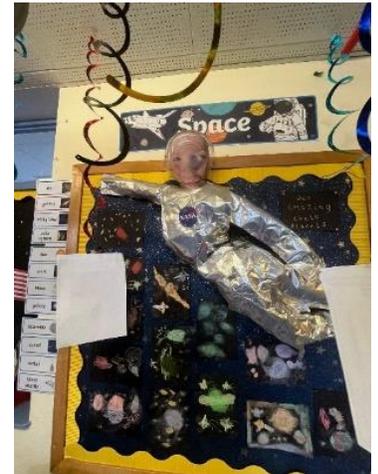




**Year 6** We launched our Mexico topic, so explored the Geography of the country using maps, then learnt about Mariachi music. This afternoon, we will be learning about the 'Day of the Dead'.



**“ CONGRATULATIONS “**  
**To the 'Hook Board' winning**  
**year group this term**  
**Year 1**



**. and the Runners Up this term**  
**Year 6**

*Well done to all Year Groups for their great boards!*





Golden Ticket is every Friday and a child in each Key Stage 2 class can win the golden ticket for outstanding effort, behavior and for showing our 3 school values, Respect, Responsibility and Resilience.



**STARS OF THE WEEK**

**PE Trophy:**  
Windsor

**PE Champion:**  
Farah

**Attendance Stars:**  
KS1: Kanzi  
KS2: Victory

**Nursery Star:**  
River

**Eco Class:**

**Year 4 Timetable Stars:**

Class	Star of the week	Star Reader	Star Writer	Maths Champion
Pippin	Piper	Kai	Bethany	Sarah
Sunrise	Caitlin	Hendrix	Lucas	Edward
Elstar	Reggie	Isla	Blake	Darcie
Kanzi	Rosi	Adam	Oscar T	Michelle
Fortune	Mason	Albie	Tommy S	Isla
Liberty	Aliye	Florence	Florence	Alfie/Mila
Opal	Ria	Amelia	Lucy	Lola
Topaz	Farah	Rose	Freddie	Lennon
Enterprise	Hollie	Mahad	Owen	Freddie
Victory	Harry	Freddie	Evie	Lahna
Blenheim	Isabel	Ronnie B	Ronnie S	James
Windsor	Matai	Thomas	Reuben	Bailey
Discovery	Mason S	David	Nuha	Maddison
Pioneer	Jake	Jamie M	Theo B	Ruby H

## Safeguarding Corner

If you have concerns about your child, please come in and discuss these with Mrs Flynn or Mrs Stevens. Each week there will be safeguarding tips here, let us know if we can help! Today's focus is online screen time.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [nationalcollege.com](https://nationalcollege.com) for further guides, hints and tips for adults.

### Top Tips for...

# MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

BUY MILK

#### GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

#### TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

#### GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

#### LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

#### AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

#### HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

#### BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

#### 'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

#### SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

#### TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

#### SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

#### WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

### Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety  
#WakeUpWednesday

@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national\_online\_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 03.01.2023

## PTA NEWS:

### Disco - Friday 26<sup>th</sup> January

All children must be dropped off, and collected, from the Main Entrance of the KS2 building. Note that both discos will be held in the KS2 hall. The cost is £3.50 per child. We will not be issuing tickets and tickets **MUST** be purchased online through the below mentioned link – We are a CASHLESS school. Tickets **must be purchased in advance** and will not be available to purchase on the evening.

**EY/KS1 (Reception, Years 1 & 2): 4:45PM – 6:00PM**

**KS2 (Years 3, 4, 5 & 6): 6:30PM – 8:00PM**

<https://buytickets.at/thamesviewpta/1108439>

The children will be supervised in the Main Hall by school staff, and PTA members.

Note that for the KS2 disco we will be selling sweets, drinks, crisps, glow sticks, pocket money toys and tattoos. We would ask that children please do not bring any more than £5 to the disco.

Year R Parents – The school disco can be an overwhelming for our reception children. We always try to accommodate the reception classes but would ask parents to make a judgement on whether their child will be comfortable attending this event. We have had a few issues in the past of children becoming upset, and we feel the dark hall can be daunting. Parents/carers of reception children will be allowed to stay on site in an allocated room where refreshments will be provided.

Note for this event to run smoothly, we do require several volunteers. If you can help, then please get in touch with us on the above email address, or through Facebook if you are on the PTA helper's page. (Information on this page can be found on the Thames View Parent and Carers Facebook page). Please clearly state the times that you can help (before, during and after the event) and also at which disco - Early Years (EY)/Key Stage 1 (KS1) disco or Key Stage 2 (KS2)

If you have any queries, please do not hesitate to contact a member of the PTA on the above email address and we look forward to seeing your child at our school disco event.

### ... other Thames View news

Congratulations to one of our students who takes part in Cross Country events. She recently won the Year 5 participants event and is heading for a great outcome overall in this years events. Well done to you !



### Apologies ...

Please accept our apologies, unfortunately there was an error in the newsletter last week.

It is Year 3 visiting the cinema to see Wonka and not Year 1 as was shown in the newsletter