




# Year 5 Religious Education: Sikhism

## How do Sikhs show commitment to their faith?

Subject Specific Vocabulary		Key Skills	
<b>Guru</b>	Punjabi word meaning teacher. They were the Sikh's spiritual leaders.	  	<ul style="list-style-type: none"> <li>I can identify the different levels of commitment I show to different things and explain these priorities.</li> <li>I can make links between how Sikhs practise their religion and the beliefs that underpin this.</li> <li>I can respectfully ask questions about some of the ways Sikhs choose to behave and the levels of commitment they show.</li> </ul>
<b>Guru Nanak</b>	The founder of the Sikh faith.		
<b>Guru Gobind</b>	The final human Guru; he created the Khalsa		
<b>Waheguru</b>	The Sikh word for God		
<b>The Golden Temple</b>	The holiest place in the world for Sikhs, in the Punjab in India.		
<b>Guru Granth Sahib</b>	Sikh holy book and the 'eternal teacher'.		
<b>Gurdwara</b>	Sikh place of worship where everyone sits to pray and eat.	Sticky Knowledge	
<b>Amrit</b>	Sugar water. Sikhs are sprinkled with Amrit when they join the Khalsa.	A commitment is a promise to give your time and energy to something you believe in.	<p>The five key Sikh beliefs are:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Keep God in your heart and mind at all times</li> <li><input type="checkbox"/> Live honestly and work hard</li> <li><input type="checkbox"/> Treat everyone equally</li> <li><input type="checkbox"/> Be generous to those less fortunate than you</li> <li><input type="checkbox"/> Serve others</li> </ul>
<b>Langar</b>	The meal that always follows Sikh services.	The Sikh faith was started by Guru Nanak over 500 years ago in the Punjab region of India.	
<b>Vaisakhi</b>	Sikh festival marking the beginning of the harvest season and birth of the Khalsa.	The Khalsa Sikh community was founded more than 300 years ago during the harvest festival of Vaisakhi.	
<b>Sewa</b>	Service to other people.	Sikhism has more than 20 million followers around the world	