

Thames View Primary School Newsletter



Responsibility

Resilience

Respect

Mrs Rogers Message

This week, Year 4 have had a virtual trip to Ancient Greece to learn more about their topic and what life was like at this time! Year 6 will venture through the human body in VR on the 25th March, bringing science to life in front of their eyes! The VR workshops are not only interactive for the students who have their own headset, but the workshop leader talks through the subject area, using key vocabulary and answering questions the children might have.

We will be enjoying two sittings of a beautiful Mother's Day afternoon tea, kindly organised by the PTA next Friday. We would like to thank all parents who support these events and who will be joining us for tea and scones, as well as having precious time with their children. The PTA have other big events coming soon, including the Circus on the 29th April, if you have not yet bought your tickets, please do so before they all sell out!

Swimming will be continuing for years 3,4 and 5 until the Easter Holidays, with their usual fun session. We ask that children continue to bring swimming kits and towels for this, as the skills they are learning are literally lifesaving. Then for the summer term, we are pleased to announce that year 6 will be swimming, to ensure that they leave us meeting the national curriculum requirements for swimming. Year 2 will also be swimming for the summer term. This is to help them get used to the swimming routine and changing, before they start their weekly lessons in year 3.

Next week we have Governors Day on Wednesday (26th). This day welcomes our LAB to school for the day. The governors support the school and ensure they provide challenge and support to us as leaders and teachers, to continue to improve the running of the school. They will be joining some classes and speaking to our children and staff about their learning at Thames View!

I hope you all have a lovely week and stay safe, Mrs Rogers.

Special events coming soon

March:

25th - Yr 2 - Bloors Lane Woods
25th - Yr 6 - Human Body VR Workshop
26th - 28th - PTA Mother's Day Gift Shop (see flyer)
26th - Rock Steady Performance
26th - Governors Day
27th - Yr5&6 Girls Football Festival
28th March - PTA Mothers Afternoon Tea (see PTA page)
31st March - 3rd April - Book Fair

April:

31st - 3rd - Book Fair
1st - PTA - Willy Wonka Chocolate competition
1st - Parents evening from 2pm
2nd - Yr 2 theatre trip - The Baddies
3rd - Yr1&2 - PSG - Tri-golf
4th - last day of term
23rd - children return to school
23rd - HOOK DAY
23rd - Yr R - Creepy Crawls visit
24th - MYG - Yr4-6 -Netball
28th - YrR Height & Vision checks
29th April - PTA Circus Event
(see PTA page)

Quote of the week

“

**You don't have to see the whole staircase,
just take the first step.**

Martin Luther King, Jr.



Golden Ticket is every Friday and a child in each Key Stage 2 class can win the golden ticket for outstanding effort, behavior and for showing our 3 school values, Respect, Responsibility and Resilience.



STARS OF THE WEEK



Attendance Stars

KS1: Liberty
KS2: Enterprise



PE Champions:

Jimmy



Class	Star of the week	Star Reader	Star Writer	Maths Champion
Sparkles Nursery	Theresa			
Pippin	Arabella	Jaxson	Hallie	Savannah
Sunrise	Maggie	Ruben	Max	Tillie
Elstar	Willow	Louie	Olivia	Ornela
Kanzi	Olivia	Noah	Tyler	Max
Fortune	Evie	Ava	Zayaan	Oscar
Liberty	Arabella	Andrea	Aalyrah	Rosie
Opal	Vinnie	Alfie	Austin	Violet
Topaz	Mason	Lily-Mae	Luna	Thomas
Enterprise	Raven	Ria	Robert	Evie
Victory	Bella	Yadhav	Bonnie	Jackson
Blenheim	Albert	Bethany	Harriet	Jenna
Windsor	George B	Evie	Jack	Eden
Discovery	Reggie	Elsie	Chloe	Reuben
Pioneer	Heidi	Toby	Tyias	Ronnie B

Safeguarding Corner

If you have concerns about you child, please come in and discuss these with Mrs Flynn. Each week there will be safeguarding tips here, let us know if we can help!

Today's focus is on keeping safe online, with our special red nose addition for comic relief!

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here ...



WHAT IS DIGITAL RESILIENCE?

Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

MAKE POSITIVE LIFESTYLE CHOICES

- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND

- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

PUT SAFETY FIRST

- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD

- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Cathy Angerstein is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Engage Safely, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



NOS National Online Safety

#WakeUpWednesday

[@nationalonlinesafety](https://twitter.com/nationalonlinesafety) [/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety) [@nationalonlinesafety](https://www.instagram.com/nationalonlinesafety) [@national_online_safety](https://www.tiktok.com/@national_online_safety)

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... PTA News ...



Afternoon tea party

Friday 28th March 2025
2 x sittings available -
1.30pm – 2.30pm
3.30pm – 4.30pm

KS2 Hall
£5 per adult
Children - FREE

TICKETS INCLUDES:
Bottomless tea/coffee
Donuts and cookies
Scones, jam & cream

1.30pm Ticket Link –
<http://buytickets.at/thamesviewpta/1548283>

3.30pm Ticket Link –
<https://buytickets.at/thamesviewpta/1548289>

Thames View Primary School PTA

Parentkind
Member Association

Please use the links provided to order your tickets



HAPPY MOTHER'S DAY

Thames View Primary School PTA
Wednesday 26th March – Friday 28th March
All gifts priced at £2.50

Mother's Day Gift-Shop

<https://buytickets.at/thamesviewpta/1548290>

Please note: EVFS/KS1 children will be collected from class and taken to the gift-shop to select a gift(s). KS2 children will also be collected but are welcome to bring in cash and visit the shop themselves during either their break or lunchtime to purchase their own gift/gift(s)

Parentkind
Member Association

Tuesday 1st April

Willy Wonka Golden Tickets

To celebrate Roald Dahl Day we would like to invite you to find our hidden golden tickets in exchange for some AMAZING prizes

All chocolate bars must be purchased in advance and are priced at £2.00 per bar

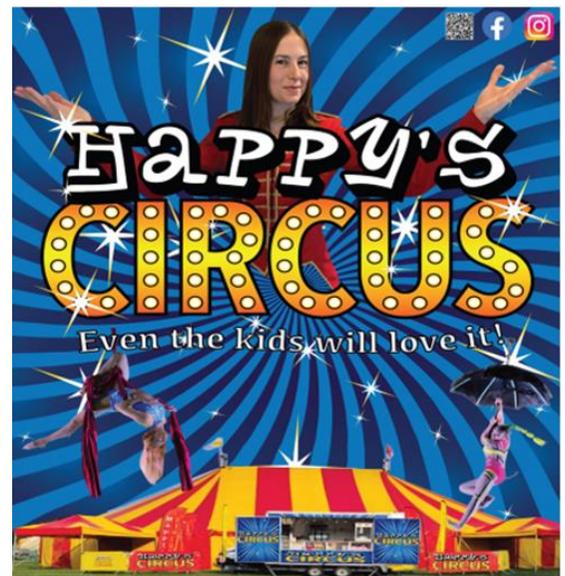
All purchased chocolate bars will then be ready to be collected and selected from the KS2 hall on the morning of

Tuesday 1st April

Please email thamesviewpta@gmail.com with your name, class and number of chocolate bars you would like to purchase - Thank You 🍫



Please email the PTA direct to order your Golden Ticket Bars



HAPPY'S CIRCUS
Even the kids will love it!

BACK BY POPULAR DEMAND!
SAVE THE DATE
Tuesday 29th April 2025
TICKETS NOW AVAILABLE
<https://buytickets.at/thamesviewpta/1530474>

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.... ECO Shop



Thank you for all your donations to the shop.

As you can see we can help lots of families with footwear.



We appreciate your support for the shop.

... this week at TVP ...

Year 5 have been creating their own artwork inspired by Georgia O'Keeffe. We have been blending watercolours seamlessly to create beautiful flowers.

