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Term 3 Update – a focus on Well-being

Dear Parents/Carers,

Thank you once again for all your continued efforts and perseverance with the home/remote learning, however you have managed to engage your child/ren, whilst juggling your own work commitments. Thank you too for your patience, as we continue to make improvements to our blended approaches to the delivery of the curriculum. For your reference, information about Remote Learning for the children of Thames View, can be viewed on our school website:

<u>https://www.thamesviewprimary.medway.sch.uk/remote-learning/</u> Please continue to send in your positive messages and constructive suggestions via the office e-mail – Thank you.

As we approach the end of Term 3, teachers will be assessing what the children have learnt/ remembered this term, as well as focusing on their well-being and engagement.



## Keeping Happy and Healthy During Lockdown

Next week - **1st- 5th of Feb is 'Share your Scarf week'** – supporting Children's Mental Health. Teachers will incorporate some PSHE learning activities from SCARF.

You may also be interested in some age appropriate activities for 'Keeping myself safe during Self-Isolation. Click on this link: <u>https://www.coramlifeeducation.org.uk/scarf/home-learning-unit-3-</u> <u>Keeping-Myself-Safe-activities-during-self-isolation</u>

On **Friday 5<sup>th</sup> February** we are having a 'FEEL GOOD FRIDAY' The children have been working so hard that we think they (and you) need the opportunity to step away from the screens and try something different for a while. Teachers in each year group will provide a suitable range of suggested activities to promote well-being for the children and their families. Look out for further information via the website Year Group pages, Edmodo, Tapestry or Teams.

**Tuesday 9<sup>th</sup> February** is Internet Safety Day, which this year explores reliability in the online world. Teachers will focus on this in one of their lessons, but as a parent/carer you might like to visit: <u>https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2021/i-am-parent-or-carer</u> for more information and free resources.



Friday 12<sup>th</sup> February, our last day of term, is a day for '*Friday Favourites*'

From a menu of activities pupils can choose to do something from their 'favourites' list - e.g. watch their favourite film, listen to their favourite song, eat their favourite food, wear a favourite colour, play their favourite board/game, draw their favourite... etc. Further information to follow nearer the time.

Thank you once again for your ongoing support and understanding.

Best wishes and stay safe.

 $\mathcal{DLDaburn}$  Mrs Deanne Daburn - Head of School

