



Thames View Primary School Newsletter



Responsibility

Resilience

Respect

Special events coming soon

November:

13th – Yr6 – Women of WW1 workshop

13th- Year 3 Victorians Trip to Kent Life

15th – Yr1 to Matilda at Odeon

17th – Children In Need Day see below

29th – Yr 5 Harry Potter World

December:

1st – 14th – PTA Design a Christmas Jumper competition opens

7th – Yr 4 Harry Potter World

11th & 12th PTA Santa visits

11th – Yr R – Nativity

12th & 13th – Yrs 1&2 Christmas (more details to follow)

14th – PTA Christmas Fayre 3.30-5pm

15th – KS2 Christmas Church Visit

15th – PTA Craft event (evening) tbc

19th – PTA Polar Express 3.30-5pm

20th – last day of term,

Early Finish for All 1.15pm

Mrs Rogers Message

Welcome back to Term 2 of this year! We have had Hook Day this Tuesday to celebrate our new class topics. We thank our parents for their support and encouragement with these days, especially when it involves dressing up! They really do increase the engagement of the children in their new topics. We also had the school immunization team in this week, giving all children with permissions the flu nasal spray! We enjoyed our first coffee afternoon with the Head of School on Tuesday afternoon. That was very enjoyable and I thank all of the parents who attended and spoke with me and our Inclusion Team who were on hand in the meeting.

We also would like to thank Fernham Homes for coming in to school and doing a construction assembly for our junior children on Tuesday. They are building the houses opposite our school and gave our children a great insight in to the world of construction and the different job roles available to them in this Industry. They have launched their design competition and all entries must be in school by Tuesday 14th November. The winning children will then be invited to tour the building site and have a question and answer session with the site manager.

Thursday was Governors Day at Thames View and we had the privilege of having our school governors in for the day to show them what we are working on at Thames View. It was a day spent talking to the children and looking at our plans for the rest of the school year, increasing opportunities for our children.

Next week is even more busy than this week with the Women in War workshop for Year 6 on Monday, Mc Grammar visiting school on Wednesday and our Sports Champion is in school on Thursday. If you would like to see Mc Grammar's work, please have a look on this link; [MC Grammar | Home | Music & Lessons | England \(mrmcgrammar.com\)](http://mrmcgrammar.com). We look forward to rapping with him on Wednesday!

I hope you all have a lovely weekend and stay safe, Mrs Rogers.

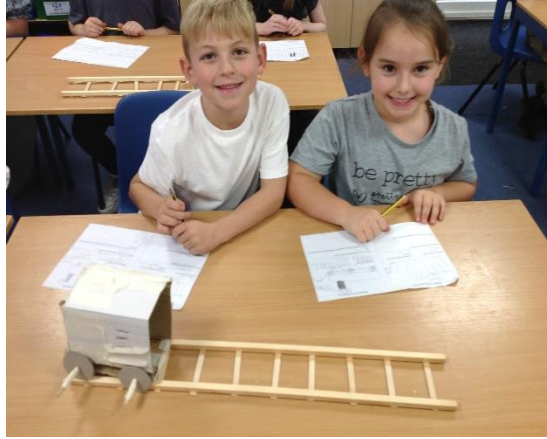


Quote of the week



Learning Page - Hook Day 7th November 2023

Year 3 -



Year 2 - Titanic Workshop



The angry chef complained
that the job was too hard!

Dream big!

Joseph Ismay and William Pirrie
who built the Titanic.

I'm sailing to New York on the Titanic to
work as a cleaner.



Golden Ticket is every Friday and a child in each Key Stage 2 class can win the golden ticket for outstanding effort, behavior and for showing our 3 school values, Respect, Responsibility and Resilience.



STARS OF THE WEEK

PE Trophy
Blenheim

PE Champion:
Kenzo

Attendance Stars:
KS1: Elstar
KS2: Topaz

Nursery Star:
Darius

Year 4 Timetable Stars:
Mahad - TT Rockstars

Class	Star of the week	Star Reader	Star Writer	Maths Champion
Pippin	Bear	Freya	Navy	Lexi
Sunrise	Katie	Lucas	Layla	Bonnie
Elstar	Ernest	Bowie	Ava	Zayaan
Kanzi	Oscar	Isobel	Catherine	Maisie
Fortune	Layla	Elena	Isabella	Tommy
Liberty	Fraser	Jayden	Jack	Robyn-Rose
Opal	Sydney	Sofia	Jude	Madison
Topaz	Walter	Nora	Alba	Clara
Enterprise	Peyton	Andrew	Elyas	Charlie
Victory	Daniel	Evie	Katie	Freddie
Blenheim	Eliza	Freya	Freddie	Boue
Windsor	Isabella	Chloe	Bluebelle	Thomas
Discovery	Finley R	Maddison	Jack R	Aidan
Pioneer	Lily	Poppy	Thomas	Frankie

Safeguarding Corner

If you have concerns about your child, please come in and discuss these with Mrs Flynn or Mrs Stevens. Each week there will be safeguarding tips here, let us know if we can help! Today's focus is on healthy eating and Change 4 Life! We cover healthy eating as part of our PSHE and Science curriculum but here at some tips for our families!

8 easy ways to change4life

change
4life
Eat well Move more Live longer

1 sugar swaps



Swapping sugary snacks and drinks for ones that are lower in sugar can really make a difference to your kids' calorie intake.

Tip: Switch from sugary drinks to no added sugar drinks such as water, milk, unsweetened fruit juice or even sugar-free fizzy drinks.

2 meal time



It's important for kids to have regular, proper meals as they may miss out on essential nutrients otherwise.

Tip: Don't let your kids skip breakfast - low sugar cereals, toast or fruit are a great way to kick-start their day.

3 me size meals



Even though they're growing, kids need to eat the right amount for their age - not too little and not too much.

Tip: Give your kids a portion that matches their age, not the same amount of food as you.

4 snack check



Many snacks are full of fat, sugar and salt, so keep an eye on how many less healthy snacks your kids are having.

Tip: Keep count; many people are surprised how many sweets, crisps and biscuits their kids get through!

5 5 a day



It's easier than you think to give your kids five portions of fruit and veg every day. For kids, one portion is roughly a handful.

Tip: Frozen and canned fruit and veg count too - it's quick and cheap to boil some frozen peas or open a can of sweetcorn.

6 cut back fat



We all know that too much fat is bad for us, but it's not always easy to tell where it's lurking.

Tip: Grilling or baking food in the oven, rather than frying it, can cut the fat content by about a half.

7 60 active minutes



Kids need to do at least 60 minutes of activity a day to help them stay happy and healthy.

Tip: It doesn't have to be organised sport - running around, going to the playground or just walking instead of taking the car all count.



8 up and about



Spending too long in front of the TV, computer or video games can mean our bodies don't burn off enough fat.

Tip: Some families find that setting a daily limit for sitting still (e.g. '2 hours max') is a good way to keep their kids active.

For lots more ideas and tips to help your kids stay fit and healthy, sign up to Change4Life today.

 Search for **change4life** or call  **0300 123 4567***

*Calls to 03 numbers should cost no more than geographical 01 or 02 UK mobile calls, and may be part of inclusive minutes subject to your provider and your call package. Our offices are open from 9am to 5pm every day. © Crown copyright 2006. 00000 00000 00000

Friday 17th November 2023



Children can come to school in something spotty / Pudsy / own clothes to support the charity.

Please use the link below if you would like to make a donation to the work of Children in Need:

<https://donate.bbcchildreninneed.co.uk>

PTA Events for your diary / calendar :

We will be organizing another **Break the Rules Day** this term... *(date to be confirmed)*

Christmas Fayre

Thursday 14th December – 3.30pm – 5.00pm

We will be organizing two donation days for the Fayre for our :

Chocolate tombola & Bottle tombola *(dates to be confirmed)*

***** Design a Christmas Jumper Competition *****

£1 per entry ~ and win a fantastic prize !

Start getting your ideas together to design your Christmassy Jumper !

The competition opens 1st December

Father Christmas visiting Thames View

Santa will be dropping by on the 11th & 12th December to visit ... tickets will be on sale soon ...

“Polar Express” event

Tuesday 19th December 3.30pm – 5.00pm

Come along and watch this wonderful Christmas film and enjoy a hot chocolate treat as we come to the end of term.....

Further details of all our events will be sent out soon

Thank you all for your continued support

The PTA